Plugged In

The first resource I want to highlight is the website [www.pluggedin.com](http://www.pluggedin.com) and the APP that accompanies it. The purpose of the website is to give families the essential tools they need to understand, navigate, and impact the culture in which they live. It is a great resource for parents to use when deciding whether or not to allow their kids to watch certain movies or TV shows, without having to watch it themselves first. Plugged In has different sections like sexual content, violent content, crude or profane language, drug and alcohol content, and positive and negative elements. After researching you will be able to make a well informed decision for your kids. I use this website all the time when deciding whether a movie is worth watching or not. I also believe it can help generate conversations with parents and their kids discussing some of the issues that Plugged In brings up. As the digital world around us continues to shape teenagers, it’s important that movies/TV shows don’t become a source where teenagers learn essential values.

Please let me know what you think of this resource and if you think it is helpful.